BRITE ABA
BRIGHTER FUTURES BEGIN HERE

BRITE ABA LOCAL RESOURCES GUIDE

Autism & Family Support Resources

Grouped by the kind of support families are looking for. Each listing shows who it serves and the area it covers.

Family Navigation & Caregiver Support

Florida Atlantic CARD

Center for Autism and Related Disabilities

FAMILY NAVIGATION AND SUPPORT — FREE

Free help understanding autism and finding your way to the right services. CARD provides direct consultation for families, referrals to agencies and programs, help locating support groups, family training, and assistance with future planning.

WHO AND WHERE Individuals of any age with autism spectrum disorders or a related disability, plus their family members and caregivers. Eligibility is based on a medical diagnosis **or** an educational eligibility determination. Serves **Palm Beach, Martin, St. Lucie, Indian River and Okeechobee counties.**

CONNECT **autism.fau.edu**

Important to know — CARD does not provide direct therapy. It helps families understand options and connect to services.

Family Network on Disabilities (FND)

FAMILY NAVIGATION, EDUCATION AND ADVOCACY SUPPORT — FREE

Florida's federally funded Parent Training and Information Center. Families receive free one-to-one assistance, workshops, and information and referral covering special education, IEPs, advocacy, transition, independent living and future planning.

WHO AND WHERE Families of children and young people with disabilities, birth through 26. Serves families **throughout Florida.**

CONNECT **fndusa.org · FND@FNDUSA.ORG**

Important to know — Supports families of children with **all disabilities** — not autism-specific.

The Arc of Palm Beach County

FAMILY NAVIGATION, CAREGIVER SUPPORT AND RESPITE

- **Community Inclusion Program** — advocacy, direct support and referrals connecting families to appropriate programs and supports
- Parent and caregiver workshops, education and networking
- Respite options, including center-based and in-home care
- Recreation and community programs for children and young adults

WHO AND WHERE Children, adults and families affected by developmental disabilities. Serves **Palm Beach County.**

CONNECT **arcpbc.org**

Important to know — Serves individuals with developmental disabilities broadly — not autism-specific.

Parent & Family Support

Autism Society of Florida

Across the Spectrum Autism Parent Support Group

PARENT-TO-PARENT SUPPORT

Recurring monthly support groups where parents and caregivers of individuals with autism connect, share experiences and learn from one another. Families join to find practical insight, resources and connection with others who understand the autism journey.

- Online groups available in **English and Spanish**
- A **Military Parent Support Group** is also offered for military families
- Registration in advance is required

WHO AND WHERE Parents and caregivers of individuals with autism. Groups meet online and are available to **families throughout Florida.**

CONNECT **autismfl.org/support-group** for current registration and scheduling · **info@autismfl.org**

Families of the Treasure Coast

PARENT EDUCATION AND FAMILY SUPPORT — FREE

- Free parent and caregiver workshops and education
- A **Family Warm-line** staffed by parent professionals for support during parenting or family difficulties
- Social and emotional programs for young people and families
- Advocacy and family-strengthening resources

WHO AND WHERE Serves **all families** in **St. Lucie County.** Available in person and online.

CONNECT **familiesofthetreasurecoast.org**

> **Important to know** — A general family-support organization serving all families — not autism-specific or disability-specific.

Recreation & Community Connection

Surfers for Autism

RECREATION AND FAMILY COMMUNITY EVENTS — FREE

Free surf experiences for children and adults with autism and other developmental delays, held as family-inclusive beach events that give families the opportunity to meet and connect with one another.

WHO AND WHERE Individuals with autism and other developmental delays, and their families. Runs events **across Florida**, with local chapter activity in **St. Lucie and Martin counties.**

CONNECT **surfersforautism.org · info@surfersforautism.org**

> **Important to know** — Advance registration is required and places are limited.

Els for Autism Foundation

FAMILY TRAINING, RECREATION AND COMMUNITY PROGRAMS

- Parent and caregiver training, including a program addressing disruptive behaviors
- An early learning program for young children and their parents together
- Recreation and community programs spanning sports, music, art and movement
- Adult and employment services
- Clinical services are also offered on site

WHO AND WHERE Individuals with autism and their families, across the lifespan. Based at its campus in **Jupiter, Palm Beach County**, with some programs offered online.

CONNECT **elsforautism.org · (561) 598-6200** · 18370 Limestone Creek Road, Jupiter, FL 33458

Transition, Independent Living & Adult Supports

Coalition for Independent Living Options (CILO)

BENEFITS ACCESS, ADVOCACY AND INDEPENDENT LIVING — FREE

- Help applying for and accessing disability benefits, including SSI and SSDI claims support, Medicaid, **Medicaid Waiver**, Medicare premium assistance and food assistance
- Advocacy, information and referral
- Independent living skills support
- After-school and summer programs for teens

WHO AND WHERE Children and adults with all types of disabilities, and their families. Serves **Palm Beach, Martin, St. Lucie and Okeechobee counties.**

CONNECT **cilo.org**

Important to know — Serves people with all types of disabilities — not autism-specific.

The Arc of Indian River County

ADULT SERVICES AND TRANSITION SUPPORTS

- Adult day training programs
- Vocational training and supported employment
- Residential group homes with 24-hour support
- Transportation

WHO AND WHERE Adults with developmental disabilities. Serves **Indian River County**, based in Vero Beach.

CONNECT **arcir.org · (772) 562-6854** · 1375 16th Avenue, Vero Beach, FL 32960

Important to know — Serves **adults 18 and older** with developmental disabilities — not autism-specific, and not a children's service.

Autism Project of Palm Beach County (APPBC)

AUTISM HOUSING FOR ADULTS

Develops and supports residential housing for adults with autism. **Babe's House** is an established community residential home for adult males with autism spectrum disorder, providing purpose-built housing with 24-hour support and services.

WHO AND WHERE Adults with autism spectrum disorder and their families. Serves **Palm Beach County**, based in Jupiter.

CONNECT **autismprojectofpalmbeachcounty.org · (561) 748-3299 · contact@appbc.org**

Important to know — Focused on **adult housing** — not a children's or parent-support service.

Looking for ABA services? We can help.
BRITE ABA · ABA therapy for children ages 18 months to 21 years
(772) 202-2494
briteaba.com

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