BRITE ABA
BRIGHTER FUTURES BEGIN HERE

Brite Bridge Parent Behavior Toolkit™

Practical tools for behavior, communication, and daily routines

"Guided by the Brite Bridge Model™"

Visual Supports & Prompting

Helping families understand behavior, support communication, and build meaningful skills through positive and evidence-based ABA strategies.

Strategies should be individualized and implemented in collaboration with your child's BCBA.

This resource is intended for general education only. Strategies should not be implemented as a substitute for individualized treatment or clinical guidance. Always consult with your child's BCBA before making changes to your child's intervention plan.

BRITE ABA
BRIGHTER FUTURES BEGIN HERE

Part of the Brite Bridge Model™ approach to supporting skill development across home, school, and community environments.

Introduction

Your child's progress extends beyond therapy sessions. Progress is often supported when strategies are used in everyday routines at home, school, and in the community.

This toolkit helps families understand behavior, strengthen communication, and build practical skills using positive, evidence-based Applied Behavior Analysis (ABA).

The tools in this guide are simple, practical, and designed for everyday use. You will find guidance, examples, and strategies that support your child's learning while strengthening collaboration between families and professionals.

Our goal is to provide caregivers with clear, easy-to-use tools that support children in building meaningful skills and succeeding across environments.

Strategies should be individualized based on each child's needs and implemented with guidance from a qualified professional.

BRITE ABA
BRIGHTER FUTURES BEGIN HERE

Overview & How to Use This Toolkit

Section 1 — Purpose

This Visual Supports & Prompting Parent Toolkit is part of the Brite Bridge Parent Behavior Toolkit™, designed to help families support their child's development across home, school, and community environments.

Visual supports and prompting are evidence-based strategies within Applied Behavior Analysis (ABA) that help children better understand expectations, improve communication, and support independence. These tools provide clear, consistent guidance, making daily routines more predictable and easier to follow.

This toolkit provides general strategies intended for educational purposes and offers simple, practical ways to support learning, reduce frustration, and promote independence in everyday situations.

Section 2 — What's Included

This resource will help you:

- Understand what visual supports are and why they are effective
- Learn how to create a supportive visual environment at home
- Use prompting strategies, as guided by your BCBA, to support your child step-by-step
- Gradually fade prompts to build independence
- Apply visual tools during routines, transitions, and daily activities
- Track progress and recognize meaningful improvements over time

Section 3 — How to Use This Toolkit

- Start with one or two strategies that fit your child's needs
- Use visuals and prompts during everyday routines
- Keep visuals consistent and easy to access
- Reinforce your child's efforts and progress
- Gradually reduce support as independence increases
- Use the reflection and tracking sections to monitor progress

This toolkit is designed to be used step-by-step and at your child's pace, in collaboration with your BCBA.

Important:
The strategies in this guide are general examples. Your child's BCBA will determine which strategies, prompt levels, and visual supports are appropriate based on individualized assessment and clinical judgment.

BRITE ABA
BRIGHTER FUTURES BEGIN HERE

Important Note

This resource is for educational purposes only and is intended to be used in coordination with a Board Certified Behavior Analyst (BCBA). It does not replace individualized assessment, treatment planning, or clinical guidance.

Our Goal

Our goal is to provide caregivers with clear, easy-to-use tools that support children in building meaningful skills, supporting communication, and increasing independence across everyday environments.

BRITE ABA
BRIGHTER FUTURES BEGIN HERE

MODULE 1 — Understanding Visual Supports

What visual supports are & why they help children learn

Visual supports are used to support children in understanding expectations using pictures instead of only words. They can help reduce frustration, support transitions, increase independence, and make learning easier. Visuals remain consistent each time, giving clarity where language may vary.

SECTION A — "Why Visual Supports Work"

Why Visual Supports Work

- Reduce overwhelm and anxiety
- Make directions easier to understand
- Support communication when words are hard
- Support independence during routines
- Help transitions feel predictable and safe

Visuals reduce confusion by providing clear, consistent cues for what to expect and what to do.

Visual supports provide consistent cues that help reduce reliance on verbal instructions and support independent responding.

SECTION B — Types of Visual Supports

Common Visual Supports Used in ABA

- Picture icons
- Visual schedules
- First–Then boards
- Choice boards
- Token boards
- Routine charts
- Labels & environmental cues
- Timers/Countdown visuals

You don't need to use all visuals — start with one or two that matter most.

SECTION C — Quick Examples

Example Uses:

- Schedule — "Morning routine"
- First–Then — "First homework → Then play"
- Choice Board — "You may pick bubbles or cars"

BRITE ABA
BRIGHTER FUTURES BEGIN HERE

MODULE 1 — REFLECTION PAGE

Applying What You Learned

SECTION D — Reflection & Planning

Use this page to reflect on how visual supports and prompting strategies are working in your child's daily routines. This section is intended to support observation and collaboration with your child's BCBA.

There are no perfect answers — small observations over time can help guide meaningful support.

1. Visual supports we are currently using

Examples:
- Visual schedule
- First–Then board
- Choice board
- Timer or countdown

Visuals we currently use:

2. When do visual supports seem most helpful?

Think about routines or situations where visuals support understanding or reduce confusion.

Examples:
- Transitions
- Daily routines (morning, bedtime)
- Play or learning activities

Moments where visuals help:

3. When do challenges still occur?

Examples:
- Difficulty following the visual
- Refusal or avoidance
- Transitions still feel challenging

Challenges I've noticed:

4. What prompting or support am I using (if any)?

Examples:
- Verbal prompts
- Gestures or pointing
- Modeling
- Physical guidance

Supports used:

5. What seemed to help my child respond more independently?

Think about what appeared helpful, even in small moments.

Examples:
- Clear visuals
- Consistent routines
- Gradual prompting

What appeared helpful:

BRITE ABA
BRIGHTER FUTURES BEGIN HERE

6. What is one small next step I would like to focus on?

Choose one area to focus on with support and guidance.

Examples:
- Introduce a visual schedule
- Use a First–Then board during transitions
- Increase consistency in one routine

Next step to discuss or try with guidance:

7. Notes or questions for my BCBA

Reminder:
Visual supports and prompting strategies should be individualized and implemented with guidance from your child's BCBA. This page is for reflection and collaboration only.